

Dream BIG

Newsletter

Dream Achiever of the Month Gateway to Dreams Member: Rebecca Now

Rebecca's Dream:

Sitting around the table at Gateway To Dreams' Your Collaborative Board, Rebecca Now shared her dream of portraying historical figure, Elizabeth Cady Stanton, and educating the public on her passion, the American women's rights movement.

Rebecca is a member of Toastmasters International and she gave an "interpretive reading" speech from history to her Toastmaster's Club in Webster Groves.

She presented a historical speech, first given by Elizabeth Cady Stanton at the first Women's Right Convention in 1848. It was so well received that the audience declared "All you need is a costume" and she could actually become her character.

Rebecca's fellow members of Gateway To Dreams encouraged her to pursue her dream. According to Rebecca, "Gateway to Dreams has been the wind beneath my wings. I shared a dream to be a speaker/re-enactor of Elizabeth Cady Stanton and the group was supportive and showered me with ideas and connections".

Appearing as Elizabeth Cady Stanton, Rebecca has educated audiences on the historical significance of the women's rights movement, which began in 1848 in

What is stopping you from achieving your dreams?

Quote of the Month:

"The world needs dreamers and the world needs doers. But above all, the world needs dreamers who do". Sarah Ban Breathnach

Seneca Falls, NY with the first ever Women's Rights Convention. Rebecca gave the speech that launched the movement that resulted, 72 years later, in women nationwide receiving the right to vote with the passage of the 19th amendment. Rebecca recently made a presentation at the Ethical Society where the organizer had this to say about it: "When (Rebecca) gave the Elizabeth Cady Stanton speech I felt as though she were Mrs. Stanton herself. Everyone in the audience was mesmerized. Ms. Now is full of life, and enthusiasm, and her field of knowledge is extensive."

The culmination of Rebecca's dream came when she was invited to speak at the Missouri History Museum and she compared that experience as being the equivalent to a musician being invited to perform at Carnegie Hall! Rebecca's dream continues to unfold as she appears as Elizabeth Cady Stanton, receiving kudos from every audience to whom she introduces Elizabeth. She is living her dream which began as a simple statement and with the encouragement of the members of Gateway To Dreams, that dream lives on!



Don't Miss This Marketing Opportunity For You And Your Business!



Would you like to have your company featured in the Dream Spotlight?

Every month we will feature a member and their business for a low fee! Contact Diane Carson at diane@promoxpertz.com for complete information if you would like to be the next featured dreamer!

Monthly Dream spotlight:

Member: Veronica Grimes

Company: L'dara International

Website: www.Veronicag.Idara.com

Phone: 314-713-8668

What is your background? I am a Mom of two school aged children which motivates me to maintain a positive health and wellness habit. I have over fifteen years of experience in helping individuals within organizations meet their personal and professional goals through training and development. I fill my cup daily by helping people change their lives, to find happiness with the way they are feeling about themselves as well as helping others to grow, gain energy and confidence and to change their lives in a positive manner.

What is your current business? I am a Founding Leader with L'dara International

and a Marketing Partner with Sorvana. L'dara and Sorvana offer scientifically backed and clinically proven natural wellness products to meet all my customer's health needs from the inside out.

How did you find G2D? I found Gateway to Dreams through reconnecting with Karen Hoffman, I met Karen in early 2000's through networking and we maintained a relationship, she invited me to come to a Gateway to Dreams Mastermind session about 2 years ago! I've been hooked ever since.

How has G2D impacted you? I have gained many wonderful and genuine friendships through Gateway to Dreams which has allowed me to put others first and help them meet their business or personal goals big or small.

Two items on Veronica's "Dream List" are to open a retail store that she would call "My Sisters Closet" and another dream is to publish a fictional story about her altered self still living in New York City.

If you want to "connect" to Veronica to learn more about her business, you can visit her website www.Veronicag.Idara.com or call her at 314-713-8668 or email her at Veegrimes@yahoo.com



Coaches Corner: Dina Readinger

•Name: Dina Readinger



•Company: ACE COACHING COMPANY

•Type of coach: Tactic Business Coaching & Individual Productivity

•People I coach: Business Teams and Executives

•Something personal others might not know about you: I love playing sand volleyball

•Something professional about you: I have been in healthcare industry for 30+ years which includes Nuclear Medicine for 10 years, Biotech industry 22 years, coaching business teams the last 12 years, and the only coach certified to coach a proven team coaching process that I experienced inside a corporation and now as a coach, coaching outside of corporations.

•A coaching tip: Be a servant based leader. Be open to receiving feedback, before giving feedback and you will build trust with those you lead.

Contact Info

Email: DINA@acecoachingco.com

Phone: 314-550-2477

Website: www.acecoachingco.com

Member Events

One of the benefits of membership at the upper level is that you can hold events at the Business Lodge!

Here is a list of member events coming up in November:

Thursday, Nov. 3rd from 9 am until 11:30 am

Your Collaborative Board

A facilitated mastermind for women entrepreneurs that are members (Dream Believers, Dream Achiever levels).

<http://tinyurl.com/YCBNov2016>

Thursday, Nov. 17th from 1 am to 2:30 pm

Dream Tank

Our nonprofit for November is Operation Sunscreen-Care Packages for the Troops Foundation and Gateway to Dreams member, Karen Irwin will share their story. We also brainstorm for each attendees and our nonprofit speaker.

<http://tinyurl.com/DreamTankNov2016>

Tuesday, Nov. 28th from 8:45 am until 10:30 am

Connecting & Promoting Women

Educational Speaker: Sonja Shin-Transforming My Greatest Challenge into My Greatest Gift.

Personal Story: Leslie Greenman

www.ConnectingandPromotingWomen.org
register here.

A Few Member Sponsored Events

To see ALL Member events for November visit <http://tinyurl.com/G2DNov2016>

Thursday, Nov. 3rd from 9 am until 11:30 am

Dr. Teka-Ann Haynes

Love Your Skin this Fall

Mary Kay Cosmetics. Fun! Games! Give aways!

Ph. 909-289-0604

Monday, Nov. 7th from 1 pm until 5 pm

Donna Gamache

For more information email Donna at Donna@DonnaGamache.com

Tuesday, Nov. 8th from 6:30 pm until 8:30 pm
Monthly Norwex meeting hosted by Lanette.

For more information email Lanetter@CleanHealthyNest.com

Each month Gateway to Dreams hosts Connecting & Promoting Women. This program was designed to help women make deeper professional and personal relationships.

For October our sponsor was **Jennifer Lesinski Tamborskii** with **Virtual Admin Experts**; our Educational speaker was **Diane Carson** founder of **Promo Xpertz**. Diane spoke about the importance of a One Page Marketing Action Plan (and she offered to send out the template to those interested). Our Personal Story was shared by **Sandy Tomey**, **The Love Luminary** and Sandy shared her story of using a vision board as a single woman to manifest her soulmate, a service she offers to others. Each month we watch women (and a few brave men like Richard Terry, John Brandeviein and Paul Gilbride) make heart smart connections. **Come join us on Tuesday, Nov. 22nd from 8:45 am until 10:30 am.**

www.ConnectingandPromotingWomen.org



<http://www.gatewaytodreams.org/>

Do you have a dream? Are you longing for “something better” in your life, but aren’t sure how to make it happen?

Our community of dream champions is here to provide the support you need to uncover your dreams AND help you put a plan in action to go for your dreams!

It’s been said that a dream without a plan is just a wish. Gateway To Dreams believes that when you know and express your dreams and goals, people will help you achieve them! Whether your dream involves life, career or business, Gateway to Dreams can help you put a plan into action with the connections, resources and guidance to take your dream from wish to reality.

Gateway To Dreams is a collaborative, non-profit community created to facilitate positivity and possibilities in the St. Louis Metro Area. We are committed to helping people flourish in all areas of their lives. Whether it’s personal, career, or business, we provide the comprehensive resources of expert coaching, mentoring, targeted programs, and strategic connections necessary for dreamers to pursue AND achieve their dreams.

We believe:

- There is power in community
- There is hope in coming together to support one another
- The possibilities are endless when we stop focusing on obstacles to success and seemingly insurmountable problems and develop a solutions mindset – paying it forward and generously sharing who we know and what we know with each other to make dreams come true

Pictured is just a part of this dream community, the dream movement that first began meeting weekly in July 2013.



November 2016

Gateway to Dreams is located in Chesterfield Mall, next to Dillard's on the lower level.

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